

## September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>NO SCHOOL</b>	3	4	5 Practice until 4:15pm	6	7
8	9 Practice until 4:15pm	10 Practice until 4:15pm	11 <b>No Practice Back to School Night</b>	12 Practice until 4:15pm <b>TIME TRIAL</b>	13	14
15	16 Practice until 4:15pm	17 Practice until 4:15pm	18 Practice until 4:15pm	19 Practice until 4:15pm <b>TIME TRIAL</b>	20	21
22	23 Practice until 4:15pm	24 <b>Meet AWAY vs Estell Manor</b>  <b>6th grade Field Trip</b>	25 NO PRACTICE  <b>6th grade Field Trip</b>	26 Practice until 4:15pm  <b>6th grade Field Trip</b>	27 <b>Meet AWAY vs Mullica</b>	28
29	30 Practice until 4:15pm				<b>TIME TRIAL:</b> to participate in away meets runners must run <u><b>under 18 min</b></u>	<b>All Athletes</b> can compete in HOME meets!

## October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Meet HOME vs Assumption	2 NO PRACTICE	3 Practice until 4:15pm	4 Meet HOME vs St Joseph's	5
6	7 Practice until 4:15pm	8 Meet AWAY vs Egg Harbor City	9 Practice until 4:15pm	10 Meet AWAY vs Assumption	11 NO SCHOOL	12
13	14 NO SCHOOL	15 Meet HOME vs Estell Manor	16 No practice (REST)	17 Practice until 4:15pm	18 Meet HOME vs St Joseph's	19
20	21 Practice until 4:15pm	22 Meet HOME vs Egg Harbor City	23 Practice until 4:15pm	24 Meet HOME vs Mullica	25	26
27	28 End of season Party and uniform return	29	30	31		